



**West Hertfordshire
Hospitals**
NHS Trust



A guide to...

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large print, Braille or audio version, please call
01923 217 187 or email **pals@whht.nhs.uk**



Language



Large
Print



Braille



Audio



After care for Bronchoscopy

Patient information

Endoscopy Unit

Watford General Hospital

Author	Endoscopy Unit
Department	Endoscopy Unit
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For patients who have had sedation

Because of the lingering effects of the drugs used it is important that you rest for the remainder of the day and that you have someone to stay with you overnight.

It is also important that you do not drive, return to work, operate machinery, sign legal documents, work at heights (including climbing ladders or onto a chair), take sleeping tablets or drink alcohol for 24 hours afterwards.

For patients who have had a Bronchoscopy

You may have a sore throat for a short time after the test. Drinking or sucking a boiled sweet can ease this. You may also experience small nosebleeds or notice blood streaks in your phlegm. This is all normal and should pass within 24 hours or so.

You may now eat and drink normally

If after the test you start coughing up blood, experience chest pain, become short of breath or develop a temperature with shivers you should seek medical advice.

- Accident and Emergency at Watford General on **01923 217 256** or your nearest Accident and Emergency.
- Please note: there is **NO** Accident and Emergency at Hemel Hempstead or St Albans City Hospitals.

Who can I contact if I have any questions?

If you have any other queries please contact the endoscopy unit on **01923 244 366, ext 3134** (9.00am – 5.00pm, Monday to

Your named nurse today was:

Follow up care

The following arrangements have been made for you:

You need to be seen in outpatients.
This appointment will be sent to you in the post.

You require another test (please state).

This appointment will be sent to you in the post.

You have been given details of the SOS service which will be explained by your discharging nurse.

Please note that a copy of your endoscopy report and any specimens taken will be sent directly to the doctor who requested the test and your own GP.